

# Douglas County AAUW



"AAUW advances equity for women and girls through advocacy, education, philanthropy, and research."

Volume 18 Issue 7

#### April 2018

Editors: Kathy Chavez Nedda Altschuld

Please submit items for the Newsletter by the 25<sup>th</sup> of the month.

**April 18 6:30 PM** PS Miller Library

High School

STEM Awards

A-L dessert M-Z Appetizer



# Global Connections

When a woman is educated and empowered, she starts a ripple effect in her community. This is true all over the world. But women still face barriers that keep education and security out of reach. Only through community support and access to resources like education, health care, and career opportunities will women have the chance to succeed. That's why AAUW has <u>awarded</u> <u>fellowships</u> to more than 3,500 women in more than 140 countries and why we speak out on behalf of women and girls <u>at the United Nations</u> and in critical <u>global coalitions</u>. Check out AAUW's global connections.

# A Strong History of Global Work

AAUW has a rich legacy of international work, and our efforts have intersected with world history in fascinating ways. International outreach became a priority to AAUW members immediately following World War I, when AAUW member <u>Virginia Gildersleeve</u> and two British women, Caroline Spurgeon and Rose Sidgwick, established the International Federation of University Women to promote peace and understanding among women in different countries.

During the occupations of World War II, AAUW assisted European women scholars whose lives were at risk: AAUW members helped <u>find academic positions in the United States and other countries</u> for students and professors who were forced to flee their homes. Following World War II, AAUW continued its commitment to cooperation through participation at the Bretton Woods Conference and the United Nations. Today, AAUW continues to advocate for women and girls in a variety of ways. (AAUW Website)



# Co-President's Message April 2018 Beryl Jacobson



A year has rolled around and it's time for another State Convention. The Littleton South Metro Branch has been carefully planning an event filled 2 days beginning April 27, practically in our backyard, with headquarters being at the Hilton Garden Inn in Highlands Ranch. Friday afternoon will be a tour of the Littleton Museum which is one of the top ten local history museums in the US followed by an evening wine and hors d'oeuvres reception at Littleton Depot Art gallery. Works by skilled artists in many mediums will be on display. Julia Brown, our AAUW Board Chair, will travel from Washington DC for Saturday morning presentations. One is on Community Involvement, which is the theme of the convention. In the afternoon, a panel will discuss serving the Underserved Community of Young Women. You may register online by going to the AAUW Colorado Bulletin Spring 2018 and filling in the registration form. You can pay by credit card or mail a check before April 13 to receive a \$10 discount.

At the National and State levels, AAUW has been working on the Family and Medical Insurance Leave Act. This is the 25<sup>th</sup> anniversary of the introduction of this act which guarantees some working people time away from work when they have a new child, face a serious health condition, or need to care for an ill family member. Nationally, the AAUW Action Fund Lobby Corp worked toward its successful passage in the senate in 2016. It was reintroduced in the house and needs for us to let our congressmen know that it should be passed. Our state lobbyist, Betty Boyd, has been testifying for the Family Medical Leave Insurance Program in Colorado in the Business Affairs and Finance Committees. It is now in the House Appropriations phase.

I look forward to seeing everyone at our April 18 meeting to honor outstanding high school students who have excelled in STEM fields.

# Douglas County AAUW Minutes March 21, 2018



Bobbie VanHorn (Substitute Secretary)

- Meeting came to order at 7:25
- Dr. Arthur Strasberger was the guest speaker on Options at End of Life. A book he recommended was Being Mortal by Dr. Atul Gawande.
  - His lecture focused on the end of life options and how you wish to die because we all will have to face that we are mortal. He mentioned many end of life options:
    - Medical treatment interventions: nothing done
    - Stop eating and drinking: Palliative care including hospice, comfort care, medical aid in dying.
    - Living will: durable medical power of attorney
    - MOST (Medical orders for scope of treatment)
    - Five wishes: DNR (do not resuscitate)

His talk was very informative and a wakeup call to all of us who do not have directives in place. There was also handouts by Compassion & Choices.

### • Upcoming Branch Programs

- April STEM Award meeting at PS Miller library. Volunteers needed at 6PM to set up tables and chairs. The food to be provided by A-L dessert, M-Z appetizers
- Upcoming State & Regional Programs
  - State Convention: Hilton Garden Inn, Highlands Ranch April 27-28. Register on the State Website before April 13 to save \$10 (Diane Norten is attending)
  - o Regional Convention: Salt Lake City, June 22-24.

#### Fund Raising

- Grocery store gift cards, Keep using them. We received \$1700 from King Sooper and
   \$253 from Safeway
- Need Douglas County Fair Volunteers
- Tacos and Tunes: Chairperson is Carol Marshall who is searching for a place to hold this event.
- <u>Nominating Committee:</u> They are looking for people to serve as Co-President, Program VP and Membership VP.
- Committee Report
  - AAUW Funds & Legislative Report: Diane Norten encouraged us all to vote on-line in April for National Officers.
  - Scholarship: NCWSL: Our DC AAUW Branch is supporting Leah Porter, a scholarship winner from Douglas County Branch AAUW, with monetary contribution.
- Next meeting will be at the Library

Submitted by Bobbie VanHorn

## **CELL Tour**

## Submitted by Kendra O'Hayre

Our March 15th AAUW History and Culture Trip focused on increasing our knowledge of domestic and international terrorism threats and tactics at the CELL Exhibit in Denver (Counterterroism Education Learning Lab). The information below was taken from CELL's website and will provide you with a better understanding of the CELL's mission and programs.

#### • What is the CELL's mission?

The Counterterrorism Education Learning Lab (CELL) is dedicated to preventing terrorism through education, empowerment and engagement. As a nonprofit, nonpartisan institution, its one-of-a-kind exhibit, renowned speaker series and training initiatives provide a comprehensive look at the threat of terrorism and how individuals can play a role in preventing and counter terrorism, ultimately enhancing public safety.

#### How does the CELL achieve its mission?

The CELL uses a number of avenues to teach communities to be safer, individuals to be more aware and public servants to be more efficient in dealing with emergencies. Along with its state-of-the-art exhibit, the CELL organizes public events focused on timely and important security issues. The CELL also provides critical resources for first responders and teachers, ultimately imparting the knowledge and awareness needed to help prevent terrorism.

#### How does the CELL define terrorism?

There is no definition of terrorism that has worldwide acceptance. A universal definition is met with controversy and resistance for various political, social and cultural reasons. The CELL, however, believes it is important to define what terrorism is in order to develop effective strategies to prevent it. The CELL has thus adopted the following definition:

Terrorism is the pre-meditated use of violence or the threat of violence targeting civilians or their property for political, religious or ideological gain. It is a tactic used to create an environment of fear, chaos and intimidation in order to further the terrorists' objectives.

#### When was the CELL established?

The CELL opened its doors in 2008 and has been a center for terrorism prevention education ever since. In addition to maintaining its award-winning training initiatives and speaker series, the CELL updates its exhibit regularly to reflect today's evolving threats and the most effective policies to counter them.



# **CELL Tour**

Photos courtesy of Kendra O'Hayre



## Douglas County AAUW Budget Report - March 25, 2018

#### Marsha Johnson, Treasurer

Our account balances are as follows:

SAVINGS: \$4295.97 RESTRICTED CHECKING: \$1058.37 UNRESTRICTED CHECKING: \$5118.10



We recently made a \$600 donation to the Colorado State NCCWSL (National Conference for College Women Student Leaders) program to assist a state representative to attend the national meeting. This meeting is a premier conference for collegiate women. Young women learn HOW, WHY and WHEN to "take action" and to become change makers for local, national and global issues. Our branch has always supported this program and we are proud to continue to develop and strengthen a voice, skill set and mind-set for leadership.

The dues renewal program for the year July 2018-June 2019 will begin soon. **Be on the lookout for an email from National giving you the opportunity to renew online.** Last year, a link was provided to make it easier for you to simply click and renew by credit card. I hope you will consider doing this again or trying for the first time. I will gladly accept checks if you are hesitant or unable to do online.

Reminder that **national dues will increase from \$49 to \$59 this year**. So, for most members, the total dues will be \$80. Some of you have national memberships or are life-members or dual members. Your total dues will vary. Online membership renewal will have the total for you. I will send a reminder to these members regarding their dues in case they want to pay by check.

A reminder that \$46 of national membership dues are tax deductible. Next year that amount will be \$56.

Honorary Life Memberships are available for members of 50 years or more. You become exempt from further national dues.

# April STEM Meeting

Thanks to Dorothy Nugent, Stephanie Fong, Marcia Miller, Marsha Johnson, Susan Bowie, Diane Norten and Doris MacDougall for volunteering to help set up for the April STEM meeting.

Also, the following is the refreshment schedule: A-L Desserts / M-Z Appetizers

# Dates to Remember

- April 10, 2018, Equal Pay Day
- April 27-28, 2018, Colorado State Convention, Hilton Garden Inn, Highlands Ranch (Registration on the state website) <a href="http://douglascounty-co.gguw.net/">http://douglascounty-co.gguw.net/</a>
- June 22-24, 2018, AAUW Rocky Mountain Conference, Salt Lake City, UT

# Meeting Schedule for 2018



April 18, 6:30 PM, PS Miller Library, High School STEM Awards



May 16, 6:00 PM, location and refreshments TBD, Annual Meeting

# On Going Fundraiser...

King Soopers and Albertsons/Safeway gift cards continue to be our biggest fundraiser. Please continue to use those cards and to eat.

If you need information about this program, please contact Marcia Miller or if you need a card or a replacement card, please let Marcia Miller know via email.

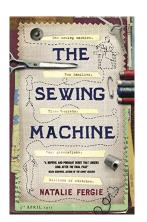




FREE MONEY is wonderful!



# **BOOK CORNER**



# THE SEWING MACHINE A debut novel By Natalie Fergie

It is 1911, and Jean is about to join the mass strike at the Singer factory. For her, nothing will be the same again.

Decades later, in Edinburgh, Connie sews coded moments of her life into a notebook, as her mother did before her.

More than 100 years after his grandmother's sewing machine was made, Fred discovers a treasure trove of documents. His family history is laid out before him in a patchwork of unfamiliar handwriting and colorful seams. He starts to unpick the secrets of four generations, one stitch at a time.

{From Goodreads}

(Submitted by Nedda Altschuld)

## The Great Alone, by Kristin Hannah

Alaska, 1974. Unpredictable. Unforgiving. Untamed. For a family in crisis, the ultimate test of survival.



Ernt Allbright, a former POW, comes home from the Vietnam war a changed and volatile man. When he loses yet another job, he makes an impulsive decision: he will move his family north, to Alaska, where they will live off the grid in America's last true frontier.

Thirteen-year-old Leni, a girl coming of age in a tumultuous time, caught in the riptide of her parents' passionate, stormy relationship, dares to hope that a new land will lead to a better future for her family. She is desperate for a place to belong. Her mother, Cora, will do anything and go anywhere for the man she loves, even if it means following him into the unknown.

At first, Alaska seems to be the answer to their prayers. In a wild, remote corner of the state, they find a fiercely independent community of strong men and even stronger women. The long, sunlit days and the generosity of the locals make up for the Allbrights' lack of preparation and dwindling resources.

But as winter approaches and darkness descends on Alaska, Ernt's fragile mental state deteriorates and the family begins to fracture. Soon the perils outside pale in comparison to threats from within. In their small cabin, covered in snow, blanketed in eighteen hours of night, Leni and her mother learn the terrible truth: they are on their own. In the wild, there is no one to save them but themselves.

In this unforgettable portrait of human frailty and resilience, Kristin Hannah reveals the indomitable character of the modern American pioneer and the spirit of a vanishing Alaska—a place of incomparable beauty and danger. *The Great Alone* is a daring, beautiful, stay-up-all-night story about love and loss, the fight for survival, and the wildness that lives in both man and nature. (Submitted by Kathy Chavez)



## AAUW COLORADO 2018 STATE CONVENTION Program Schedule April 27–28, 2018

"Exploring Community Involvement and Collaboration"

Hosted by the Littleton-South Metro Branch Hilton Garden Inn, 1050 Plaza Drive, Highlands Ranch, CO 80126

## Friday

1:30 p.m 3:00 p.m.	Littleton Museum Tour, 6028 S. Gallup St, Littleton, CO
3:00 p.m 4:00 p.m.	State Executive Committee Meeting-Hilton Garden Inn, Breckenridge
4:00 p.m 5:00 p.m.	Interbranch Meeting-Hilton Garden Inn, Breckenridge
3:30 p.m 5:00 p.m.	Convention Check In
5:30 p.m 7:30 p.m.	Opening Reception, Depot Art Gallery, 2069 W. Powers Ave., Littleton, CO
Saturday	Hilton Garden Inn, Ballroom
7:30 a.m 9:00 a.m.	Convention Check in
8:00 a.m9:00 a.m.	State Board Meeting Hilton Garden Inn, Breckenridge
9:15 a.m 9:30 a.m.	Welcome- Karina Elrod, Littleton City Council Member at Large
9:30 a.m 10:15 a.m.	Julia Brown, J.D., AAUW Board Chair
10:15 a.m 10:30 a.m.	Break
10:30 a.m 11:30 a.m.	"Community Involvement", Julia Brown, J.D., AAUW Board Chair
11:30 a.m 12:45 p.m.	Lunch, Award Ceremony
12:45 p.m. – 1:45 p.m.	"Serving the Underserved Community of Young Women" Panel Dr. Belinda Powell Aaron, VP Finance and Admin Services, Arapahoe Community College Regan Byrd, Co-Chair, 9 to 5 Colorado Board of Directors Dr. Shirley Miles, Principal Sheridan High School
1:45 p.m 2:30 p.m.	Start Smart Workshop, Boulder Branch Members
2:30 p.m 3:30 p.m.	State Annual Business Meeting
3:30 p.m4:00 p.m.	Closing

# Registration for AAUW Colorado State Convention 2018 Hosted by AAUW Littleton-South Metro April 27-28, 2018

Hotel Information: Hilton Garden Inn, 1050 Plaza Drive, Highlands Ranch, CO 80126

Reservations must be made individually with the Hilton Garden Inn, Phone: (303) 683-4100; FAX: (303) 683-4110; Colorado AAUW Convention — Hilton Garden Inn as soon as possible to reserve a standard room at the AAUW group rate of \$109.00; taxes and other fees are not included in the base rate. The deadline to receive this special offer is 12 noon on March 30, 2018. Convention room rates will not be guaranteed after this time. Parking is free. Breakfast is included; the restaurant is open at 6:00 a.m.

Name			
Address	<b>~</b> 1.	Zip	
Email	Phone		
Emergency Contact: Name	Rela	rtionship	Phone
Email			
AAUW Branch or Branches (also list your	current AAUW offices, if appli	cable)	
Please check all that apply: Guest? 1 <sup>S</sup>			
Special accommodations, dietary restrict	ion, or assistance?		
Registration Fee (before April 13)			<i>\$50</i>
Registration Fee (after April 13)			\$60
Registration Fee Littleton-South Metro M	lember Only (before April 13)		\$25
Registration Fee Littleton-South Metro N	Member Only (after April 13)		\$30
Non-AAUW Member			\$60
Friday Tour of Littleton Museum			\$10
Friday Reception, Littleton Depot Art Gal	lery - Heavy Hors d'oeuvres		\$15
Saturday Lunch - Town Center Deli (Acco Includes Water, Coffee, Iced Tea and Des		ten free)	\$35
		Total	\$

Register on-line with credit card payment by PayPal: aauw-co.aauw.net

(Payment may be made by check payable to AAUW Colorado and sent with completed registration form to: Marilyn Hansen, 2255 W. Davies Ave, Littleton, CO 80120)

REGISTER BY APRIL 18, 2018
ABSOLUTELY NO REFUNDS AFTER APRIL 20, 2018

Please let us know if you do not want to be photographed



## Be the Book: the Human Library comes to your library!

(Submitted by Suzanne LaRue)

What if a person with a significant life story was like a book, and you could "borrow" them for a 20-minute loan period to "read" them? That's what the Human Library is like. On September 23, a dozen DoCo residents ("Books") will share their stories of challenges, resilience, and survival.

The Human Library or "Menneskebiblioteket" as it is called in Danish, was developed in Copenhagen in the spring of 2000 as a project for Roskilde Festival by Ronni Abergel and his brother Dany and colleagues Asma Mouna and Christoffer Erichsen.

The original event was open eight hours a day for four days straight and featured over fifty different titles. The broad selection of books provided readers with ample choice to challenge their stereotypes and so they did. More than a thousand readers took advantage of the program, leaving books, librarians, organizers and readers stunned by the impact of the Human Library.

Since then, Human Library events have been held in more than sixty countries – and this autumn there will be one in Castle Rock. A team of librarians are planning a Human Library event of a smaller scale for Sunday, September 23, 2018 in the Philip S. Miller Library's East and West meeting rooms. For that event to be a success we need people to volunteer to be our Books.

Do you have a significant life story to share with the community? Do you know someone who might? I recently attended a HL event at the Pikes Peak Library District's East Library, where the Books included a Muslim, a young man with schizophrenia (accompanied by his mother), a woman who had experienced homelessness, and a young veteran dealing with her PTSD and physical injuries. But there were also an ecologist and a police officer speaking about their work experiences.

It's a difficult concept to explain but is ultimately very simple. The goal of the Human Library is to break down barriers of stereotypes and misunderstanding among people by providing a safe space for a twenty-minute private conversation.

If you would like more information, please don't hesitate to contact AAUW member Suzanne LaRue at <u>slarue@dclibraries.org</u> or call 303-791-7323 x1790. If your interest is already piqued, you can find the application to be a Book by clicking on "volunteer" at the bottom of the Douglas County Library's home page, dcl.org. Applications will be accepted through May 6, 2018.

# CALENDAR FOR ANY MONTH

1st Sunday	1 <sup>st</sup> Monday	1 <sup>st</sup> Tuesday	1 <sup>st</sup> Wednesday	1 <sup>st</sup> Thursday	1 <sup>st</sup> Friday	1 <sup>st</sup> Saturday
			Ladies			
			Evening			
			Bridge			Bridge
			6:30-9:30 PM			Couples
			6:30-9:30 PIVI			6:30 PM
			(Marsha			
			Johnson)			(Margaret
						Boone)
2 <sup>nd</sup>	2 <sup>nd</sup>	2 <sup>nd</sup>	2 <sup>nd</sup>	2 <sup>nd</sup>	2 <sup>nd</sup>	2 <sup>nd</sup>
		AM Book	Evening Book			
					Breakfast Bunch	
		Club 10AM	Club		8:00 AM	
		PS Miller	6:30-8:30PM		Pegasus	
		Library	0.30-6.30FW		(Ginger	
			(Linda		Allspach)	
		(Kendra	Washburn)			
		O'Hayre)	vvasnburny			
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3 <sup>rd</sup>	3 <sup>rd</sup>	<i>3</i> <sup>rd</sup>	3 <sup>rd</sup>	3"	3 <sup>rd</sup>	3rd
		Mexican	AAUW Branch	Colorado		
		Train		History/Culture		
			6:30 PM	Club		
		1 PM				
			PS Miller	AM Trips		
		(Natalie	Library			
		Weber)	(Usually)	(JoAnn McCall)		
4 <sup>th</sup>	4 <sup>th</sup>	4 <sup>th</sup>	4 <sup>th</sup>	4 <sup>th</sup>	4 <sup>th</sup>	4 <sup>th</sup>
<del>"</del>	<b>7</b>	<del>'</del>	<del>''</del>	7	4	<del>''</del>
		Mah Jongg				
		1:00 PM				

AAUW and -long change.

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Elected Board Members	Current (2017-2018)
Co-Presidents	Beryl Jacobson & Pat Proctor
VP Program	Julie Reagan
VP Membership	Dorothy Nugent
Secretary (2 Year Term)	Pat Smith
Treasurer (2 Year Term)	Marsha Johnson

Committee	2017-2018 Standing Committee Chairs are Voting Members of the Board. Vice Chairs (VC) vote in the absence of the Chair.
Public Policy/AAUW Funds	Diane Norten, Chair
By Laws	Carol Marshall, Chair
Historian	Carol Murphy, Chair
Communications (Newsletter/Directory/Website)	Kathy Chavez, Chair Nedda Altschuld, VC Pat Smith, VC, Website
Scholarships/Awards	Suzanne Kroepsch, Chair, HS Awards Kendra O'Hayre, VC Scholarships
Social Interest Group/Hospitality	Ginger Allspach, Chair  Vacant, VC Hospitality  Susan Bowie, Committee Member, Hospitality